

## NOVEMBER 2016 RD WOOD ELEMENTARY MENU MILLVILLE PUBLIC SCHOOLS



#### Student Lunch Price \$2.90

All entrees are offered with choice of assorted fresh or canned fruit and/or vegetable sides and a choice of skim low fat & fat free milk. Reminder

You may view recent transactions and place money on your student's lunch account by visiting: www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday	Entrée Alter
	1)	2)	3)	4)	Looking for somethin
	French Toast Sticks	Pizza Crunchers	Hot Dog	Assorted Pizza	
	Sausage	with Marinara	Baked Mac &	Spinach/Romaine	Choose from the following cold entrée. All selection
	Hash Brown	Spinach/Romaine	Cheese	Salad	with a choice of 2 sides
	Chilled Fruit	Salad	Baked Beans	Orange Slices	hot veggie, chilled fruit,
		Chilled Fruit	Chilled Fruit		and a LF/FF /
	С	D	E	Α	5
7)	8)	9)	10)	11)	
Popcorn Chicken	Cheeseburger on a	Hard/Soft Taco			
Dinner Roll	Roll	W/seasoned Turkey	School	School	
Cut Corn	Lett/Tom	Over W/G Rice	Closed	Closed	The second second
Chilled Fruit	French Fries	Lett/Tom/Cheese			
В	Chick Pea Salad	Chilled Fruit			Alternate 1 w
	Chilled Fruit C	D			Week of Oct 3
14)	15)	16)	17)	18)	Sloppy Joe or
Chicken Tenders	Corn Dogs	Ham & Cheese on a	Turkey Dinner	Assorted Pizza	
Dinner Roll	Dinner Roll	Pretzel Bun	Mashed Potato	Spinach/Romaine	Week of Nov
Baked Beans	Seasoned Carrots	French Fries	W/Gravy	Salad	Pizza Crunc
Chilled Fruit	Chilled Fruit	Chilled Fruit	Green Beans	100 % Fruit Juice	
			Cornbread		14/16 14 1
Е	Α	В	Stuffing		Week of Nov 1
			Cranberry Sauce	D	$\frac{1}{2}$ PB&J and 90.
			c		
21)	22)	23)	24)	25)	Week of Nov
Chicken Patty on a	Cheese Steak on a	½ Day			4x6 Pizz
Roll	Roll		School	School	1201122
Lett/Tom	Lett/Tom	H & C Bag Lunch	Closed	Closed	
French Fries	French Fries	Express			Week of Nov 2
Chilled Fruit	Chilled Fruit				Cheeseburger
E	Α	В			
20)	20)	20)			Available
28)	29)	30)			
Grilled Cheese	Meatballs on a Roll	Macho Nachos			PB&J Sand
Tomato Soup	Mozzarella Cheese	W/Seasoned Turkey			Tuna Sand
Goldfish Crackers	Spinach/Romaine	Over W/G Rice			H&C Su
Chilled Fruit C	Salad	Lett/Tom/Cheese			
	Chilled Fruit	Chilled Fruit			H&C Sand
	D	E			Garden Salad V
					Chef Salad \
					*MENU IS SUBJECT T
					All Breads/Grains
					Whole Grain or W
Produ			Fresh Fruit		Rich
			Available Daily		1 - 7/6
Pyoteán					May
hooseMyPlate.gov					
/		i .	i .		

### <u>rnates</u>

#### ing different?

ng as your hot OR ions are offered s from the daily it, or fresh fruit Milk.



31-Nov 4th on a Roll

> v 7th - 9th chers

14th - 18th oz Parfait

21 & 22 zza

28 -Dec 2<sup>nd</sup> r on a Roll

# Daily

dwich dwich ub dwich W/Cheese W/Ham

TO CHANGE. s served are Whole Grain

